

**STAY
ALERT
FOR
SAFETY!**



In a round-the-clock business like marine transportation, working safely means staying alert! Here are some tips you can use, on the boat and off, to protect yourself and stay alert for safety.

Now Available: Stay Alert for Safety!

The Coast Guard–AWO Safety Partnership announces the availability of the **STAY ALERT FOR SAFETY!** crew alertness brochure. The brochure is part of an ongoing Coast Guard-AWO effort to enhance safety by promoting crew alertness.

The **STAY ALERT FOR SAFETY!** brochure is an important tool for all mariners. It includes tips to help mariners made sure they're fully rested before watch, alert during watch and relaxed after watch. The brochure also offers advice to mariners on proper nutrition, exercise and sleep.

STAY ALERT FOR SAFETY! is being made available *free of charge* to all AWO members. Please order copies for all of your employees and help the Coast Guard–AWO Safety Partnership spread the word about alertness.

To order copies of the brochure for all of your employees, simply complete the attached form and fax (or mail) it to the address below.

Number Ordered: _____

Company Name: _____

Attn: _____

Title: _____

Address *: _____

Phone: _____

Email address: _____

Need a copy of the "Stay Alert for Safety!" Lesson Plan? _____

** No P.O. Boxes, please!*

Forms should be faxed to 703-841-0389, Attn: Susan Miller

Or mailed to the address below:

AWO Safety Department
The American Waterways Operators
801 North Quincy Street, Suite 200
Arlington, VA 22203
Attn: Susan Miller